

Project Compassion 2023 – Lessons using Caritas Resources

Lower Primary (Stage 1)

STEP 1 (5 mins)

Remind students about Jesus instructing us to care for others, especially the poor.

Introduce students to the work of Caritas Australia – a church organisation which enables us to help others all over the world.

Outline the lesson and introduce Tereesa – a proud Gamilaroi woman who lives in Darug Country in Western Sydney.

STEP 2 (10 – 15mins)

Present the story of Tereesa using the video (*A Day in the Life – Teresa*) or by using the *Caritas and Tereesa Story (Primary)* PowerPoint. (See resources). Have students colour only those images on the *For All Generations* worksheet which relate to Tereesa's story. Check in with students as they complete the colouring task.

Note: Some students may be emotionally challenged or confronted by this story. Be sensitive to varying response and carefully monitor any negative attitudes or responses.

STEP 3 (10 mins)

Invite students to write a prayer for Tereesa and her children on the *A Prayer for Tereesa* Worksheet. If time permits students could be encouraged to colour this worksheet.

This could be an individual, group or class activity. Below is a sample

Loving God,

You sent your son Jesus
to show us how to care for others.
Help us to follow his kind words and actions
as we try to care for the poor.

Thank you, God for the people who have helped
Tereesa and her children.

We pray that Tereesa continues to grow as a person.
May her children love and care for her and each other.
May their home be always a happy and safe place.

Amen